

# Team Talks

Bringing content-rich, interactive and experiential teaching to your team. Choose one of the four themed talks.

## What is Soul Care?

### **Making soul care real and relevant**

We will lead your team to discover:  
 Burnout & compassion fatigue indicators  
 Capacity & pace markers  
 Common fears & assumptions  
 Foundation & practices for soul care

## Team Unity & Relationship Equity

### **Creating a willingness to "go there"**

We will lead your team to discover:  
 A foundation for creating a fresh start  
 Healthy & practical vulnerability  
 #1 tool to increase connection  
 Renewed hope in your team, on the spot

## Full Plates, Empty Cups

### **Satisfying thirst for soul care**

We will lead your team to discover:  
 Ten indicators of living overwhelmed  
 Ten practices to live with more overflow  
 Effective ways to self evaluate & reflect  
 The value of intentional soul care

## Unlocking a Deeper Connection

### **Strengthening your team's marriages**

We will lead your team & their spouses to discover:  
 Practical tools to enhance communication  
 A deeper sense of "we"  
 Marital safeguards from ministry fatigue  
 Fresh vision and connection

#### **Two Hour Workshop**

\$600 | TWO HOURS

two 45 min sessions, one 20 min Q&R,  
one 10 min break

#### **Half Day Workshop**

\$1200 | HALF DAY

three 70 min sessions, one 15 min Q&R,  
two 10 min break

#### **Full Day Workshop**

\$1800 | FULL DAY

four 75 min sessions, four 15 micro-group discussions,  
two 15 min Q&R, two 10 min breaks, 45 min lunch .

#### **Multi-Day Workshop**

\$1800 | PER DAY  
+ travel expenses

four 75 min sessions, four 15 micro-group discussions,  
two 15 min Q&R, two 10 min breaks, 45 min lunch